

Served with one side and pickle (Add French Fries or Onion Rings- \$2.00 or Fruit- \$1.00)

| The Phillies<br>Beef or Chicken (Choice of Cheese, Lettuce, Tomato,<br>Onion, Fried Onions, Bell Pepper, and Hots. Served on<br>a Sub Roll or Grilled Naan Flat Bread)                           | 7.00 |
|--|------|
| <b>Chicken Sandwich</b><br>Grilled or Fried (Choice of Cheese, Lettuce, Tomato,<br>Onion, Fried Onions, Bell Pepper, and Hots. Served<br>on a Potato Roll or Naan Flat Bread and Choice of Sauce | 7.25 |
| <b>Buffalo Chicken Wrap</b><br>(Crispy Chicken Tenders, Cheddar Cheese, Lettuce,<br>Tomato, Onion, and Buffalo Ranch Dressing)   | 6.75 |
| Grilled Cheese<br>(Choice of Bread and Cheese)   | 5.00 |
| <b>Reuben</b><br>(Hot Corned Beef, Sauerkraut, Melted Swiss Cheese,<br>and Thousand Island Dressing Served on Toasted Rye)   | 7.75 |
| <b>The Veggie Griller</b><br>(Choice of Wrap, Bread, or Grilled Flatbread, Cheese,<br>Sautéed Spinach, Onion, Bell Pepper, Tomato, Zucchini,<br>Mushroom and Black Bean & Corn Salsa)            | 7.25 |
| <b>Gyro</b><br>(Choice of Lamb/Beef or Chicken, Lettuce, Tomato, Onion,<br>House Made Tzatziki Sauce on Naan Flatbread)  | 8.00 |
| Chicken Tenders & Fries<br>(Buffalo, BBQ, Old Bay, Plain, Thai or Honey Sriracha)  | 7.50 |
| <b>Fish &amp; Chips</b><br>(Beer Battered Hand Cut Rockfish, Served with<br>French Fries and Choice of Sauce)  | 7.50 |
| <b>Cheeseburger</b><br>(6oz. Patty, Served with Lettuce, Tomato, and Onion<br>on Gourmet Potato Roll)  | 7.00 |
| Turkey Burger<br>(6oz. Patty, Served with Lettuce, Tomato, and Onion   | 7.00 |

(6oz. Patty, Served with Lettuce, Tomato, and Onion on Gourmet Potato Roll)



Available on All Sandwiches and Salads

Cucumber, Carrot, Spinach, Bell Pepper, Banana Pepper, Jalapenos, Extra Cheese - \$.50 Avocado - \$1.00 Bacon - \$1.50



| Soup of the Day | 3.00/4.00 |
|-----------------|-----------|
| Chef's Chili    | 3.00/4.00 |
| Crab Soup       | 3.95/4.95 |



| French Fries      | 2.00 |
|-------------------|------|
| Onion Rings       | 2.00 |
| Mozzarella Sticks | 4.95 |







### 410.667.1100 www.allaboutlunchdeli.com

info@allaboutlunchdeli.com 10150 York Road, Suite 202, Cockeysville, MD 21030

www.allaboutlunchdeli.com info@allaboutlunchdeli.com

410.667.1100

10150 York Road, Suite 202, Cockeysville, MD 21030

### SANDWICHES & WRAPS \$6.75 HALF SANDWICHES \$4.25

\*All Deli Sandwiches come with your choice of bread. cheese, lettuce, tomato, onions, hots and 4 oz. of chosen meat and served with a side and pickle\*

Sides: Corn and bean salsa, pasta salad, cole slaw or chips (Add French Fries or Onion Rings - \$2.00 or Fruit - \$1.00)

### **Breads**

White, Wheat, Rye, Sourdough, or Wrap (White, Wheat, Tomato Basil, Spinach and Herb) for Pretzel Roll or Naan (Flat bread) (Add \$.50)

### Meats

Turkey, Ham, Roast Beef, Corned Beef, Grilled Chicken, Capicola Ham, Bacon

### Cheeses

American, Swiss, Provolone, Cheddar, Pepper Jack, Muenster, or Monterey Jack

## RIPLE DECKER CLUBS \$8.50

\*Choice of Bread, Bacon, Lettuce, Tomato, or Mayo with any Deli Meat or Combo of two\*



\*Choice of Bread, Lettuce, Tomato, and Onions\*

Shrimp Salad **Chicken or Tuna Salad** 

7.50

#### Crave

(Turkey, Cheddar, Avocado, Lettuce. Tomato and Chipotle Mayo)

**Veggie Stack** 6.75 (Fresh Mozzarella, Tomato, Cucumber and Spinach)

All American Pig (Ham. American Cheese. Honey Dijon, Lettuce, Tomato, on a Pretzel Roll)

Down By The Bay 7.25 (Turkey, Lettuce, Tomato, Cucumber, Old Bay Mayo, Muenster Cheese)

# 10150 FAVORITES

### **Turkey Bacon Ranch Wrap**

(Turkey, Bacon, Mixed Greens, Spinach, Tomato and Avocado Ranch)

### Santa Fe Chicken Wrap

(Grilled Chicken, Pepper Jack Cheese, Shredded Lettuce, Arugula, Red Onion, Bell Pepper, Black Bean & Corn Salsa and Chipotle Aioli)

### Powerhouse

(Spinach, Arugula, Tomato, Carrot, Avocado, Cucumber, Bell Pepper, Muenster Cheese and Herbed Aioli)

### **Grilled Chicken Caesar Wrap**

(Chicken Breast, Romaine, Tomato, Provolone Cheese and Caesar Dressing)

## OVER STUFFED SUBS (60Z. MEAT)

#### **The Mighty Italian**

(Pepperoni, Genoa Salami, Capicola Ham, Provolone Cheese, Lettuce, Tomato, Onion, Hot Peppers, and House Italian Dressing)

### The Baptiste

(Roast Beef, Turkey, Ham, Swiss Cheese, Lettuce, Tomato, Onion and Horseradish Mayo)

### All American Cold Cut

(Bologna, Ham, Salami, American Cheese, Lettuce, Tomato, Onion, Mayo)

## SALADS

All salads are made fresh daily with your choice of dressing \*Ranch, Fat Free Ranch, Golden Italian, Light Italian, Bleu Cheese, Parmesan Peppercorn, Balsamic Vinaigrette, Honey Mustard, Oil/Vinegar, Fat Free Raspberry Vinaigrette

House Made Dressings: Michigan, Roasted Tomato Vinaigrette, Avocado Ranch and Greek\*

### **California Cobb**

(Grilled Chicken, Mixed Greens, Bacon, Hard Boiled Egg, Tomato, Onion, Cheddar, Mozzarella and Avocado Ranch Dressina)

### **Baja Salad**

8.50

8.00

8.00

8.00

8.00

4.50/6.00

8.50

(Grilled Chicken, Mixed Greens, Cheddar, Tomato, Onion, Bell Pepper, Black Bean & Corn Salsa, Avocado, House Made Tortillas and Avocado Ranch Dressing)

### **Chef Salad**

(Ham, Turkey, Mixed Greens, Mozzarella, Cheddar, Egg, Carrot, Tomato, Onion)

**Michigan Salad** (Mixed Greens, Candied Walnuts, Feta Cheese, Granny Smith Apples and Craisins)

### **Buffalo Chicken Salad**

(Mixed Greens, Tomato, Onion, Carrot, Cucumber, and Cheddar Cheese)

Loaded Wedge Salad (Iceberg Lettuce, Provolone, Chopped Bacon, Tomato, Cucumber and Bley Cheese)

**Garden Salad** 4.00/6.00 (Mixed Greens, Tomato, Onion, Carrot, and Cucumber)

**Caesar Salad** (Romaine, House Made Croutons and Parmesan)



Served with Side of Sour Cream and Salsa

Beef or Chicken 7.00 **Veggie** 6.50 **Cheese** 6.00



8.75

7.25

7.75

7.50

7.75

7.50

7.25

7.25

8.25